



Clinical Study Synopsis for Public Disclosure

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Name of company: Boehringer Ingelheim		Tabulated Study Report		
Name of finished product: Tipranavir (APTIVUS®)				
Name of active ingredient: Tipranavir		Page:	Number:	
Ref. to Documentation:	Volume:	Page:		Addendum No.:
Report date: 28 November 2005	Number: U05-2261	Study period (dates): 17 January 2005 to 2 February 2005		
Title of study:	A single-centre, open-label study of multiple doses of tipranavir 500 mg and ritonavir 200 mg (twice daily) on the pharmacokinetic characteristics of methadone administered as a single dose in healthy volunteers.			
Investigator:	[REDACTED]			
Study centers:	[REDACTED] UK			
Publication (reference):	None			
Clinical phase:	I			
Objectives:	The primary objective of this study is to characterise the effects of tipranavir 500 mg and ritonavir 200 mg (TPV/r; given twice daily) at steady-state on the pharmacokinetics of methadone administered as a single dose in healthy adult volunteers.			
Methodology:	Open label study in adult healthy volunteers. The effects of a single dose strength of TPV/r at steady-state on the pharmacokinetics of a single dose of methadone will be determined by comparing the pharmacokinetic profile of methadone on study day 9 (+TPV/r) to the baseline pharmacokinetic profile of methadone on study day 1 (-TPV/r). The effects of a single dose of methadone on the steady-state pharmacokinetics of TPV/r will be determined by comparing the pharmacokinetic profile of TPV/r on study day 9 (+ methadone) to the pharmacokinetic profile of TPV/r on study day 8 (- methadone).			
No. of subjects:				
planned:	entered: 15			
actual:	enrolled: 15			
	entered: 15 treated: 15 analysed (for primary endpoint): 14			
Diagnosis and main criteria for inclusion:	Adult, male and female, healthy volunteers between the ages of 18 and 60 inclusive. Negative for HIV-1 or hepatitis A, B or C.			
Test product:	Tipranavir (TPV) 250 mg soft elastic capsules, self emulsifying drug delivery system.			
dose:	500 mg twice daily on study days 2 to 9			
mode of admin.:	oral			
batch no.:	PD-2456A			

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Duration of treatment:	Eight days			
Test product:	Ritonavir (RTV; Norvir®) 100 mg soft gelatine capsules			
dose:	200 mg twice daily on study days 2 to 9			
mode of admin.:	oral			
batch no.:	132962E21			
Duration of treatment:	Eight days			
Test product:	Methadone hydrochloride 1mg/mL liquid (Physeptone®), sugar-free			
dose:	5 mg once daily on study day 1 and study day 9 only			
mode of admin.:	oral			
batch no.:	538168			
Duration of treatment:	One dose on study day 1 and one dose on study day 9			
Criteria for evaluation:				
Efficacy:	Efficacy was not evaluated in this study. The following pharmacokinetics endpoints were evaluated: Primary endpoints: methadone pharmacokinetic parameters (AUC_{0-24h} , C_{max} and C_{6h} ; with/without TPV/r). Tipranavir and ritonavir pharmacokinetic parameters (AUC_{0-12h} , C_{max} and C_{12h}) with/without methadone. Secondary endpoints: Mean Residence Time for tipranavir and ritonavir, $t_{1/2}$, T_{max} , CL/F , V_z/F , for methadone and tipranavir and ritonavir.			
Safety:	Spontaneous adverse events and laboratory assessments.			

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Statistical methods:	<p>The following pharmacokinetic parameters were derived using non-compartmental analysis: area under the plasma concentration time curve (AUC, trapezoidal rule; 0 to 24 hours for methadone and 0 to 12 hours for tipranavir and ritonavir), maximum observed concentration (C_{max}) and concentration at a specified time after dosing (methadone: 6 hours; tipranavir and ritonavir: 12 hours).</p> <p>Geometric mean ratios and 90% confidence intervals for methadone pharmacokinetic parameters for AUC_{0-24h}, C_{max}, and C_{6h} were calculated, where no effect = 1.00. Comparison days were Day 9 (with TPV/r) versus Day 1 (without TPV/r).</p> <p>Geometric mean ratios and 90% confidence intervals for tipranavir and ritonavir pharmacokinetic parameters for AUC_{0-12h}, C_{max}, and C_{12h} were calculated, where no effect = 1.00. Comparison days were Day 9 (with methadone) versus Day 8 (without methadone).</p>			
SUMMARY – CONCLUSIONS:				
Efficacy results:	No efficacy analyses were performed.			

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Pharmacokinetic results: Co-administration of single-dose methadone with steady-state TPV/r resulted in a decrease of methadone AUC of 52.8% and C_{max} of 55.1% in fasted subjects. The pharmacokinetics data in the current study suggest that patients treated with methadone may require monitoring for clinical symptoms of opiate withdrawal when TPV/r is co-administered. The reduction in methadone exposure observed in this study was comparable to that observed with Kaletra®, Norvir®, and ritonavir/saquinavir.

Co-administration of methadone with TPV/r resulted in a decrease in TPV AUC and C_{12h} by approximately 22.7% and 44.2%, respectively. C_{max} remained unchanged (geometric mean ratio 0.94; 90% CI 0.82, 1.07). The effect of this interaction on RTV pharmacokinetics was greater and resulted in a 61.7% decrease in AUC, 59.5% decrease in C_{max} , and 62.8% decrease in C_{12h} . Although subjects were to be fasted on Days 1 (methadone alone), 8 (TPV/r alone) and 9 (TPV/r + methadone), due to a protocol deviation subjects were fasted only on Days 1 and 9 and fed on Day 8. Therefore, the effect of methadone on steady-state pharmacokinetics of TPV/r is difficult to interpret.

In a previous study (BI Protocol 1182.11), the effect of a high-fat meal on steady-state TPV/r pharmacokinetics was investigated following twice-daily dosing of TPV/r 500/200 mg with co-administration of clarithromycin. In this study, plasma concentrations of TPV increased after simultaneous ingestion of TPV/r 500/200 mg with a high-fat meal. TPV AUC_{0-12h} , C_{max} , and C_{12h} increased by approximately 31%, 16%, and 75%, respectively (TPV/r + high-fat meal compared to TPV/r + light snack).

In the present study, TPV AUC_{0-12h} , C_{max} , and C_{12h} were greater on Day 8 (TPV/r alone) when compared to Day 9 (TPV/r + methadone) by approximately 31%, 9% and 85%, respectively. These data suggest that the higher TPV exposure on Day 8 compared to Day 9 could be attributed to a food effect. While the absolute values of TPV AUC_{0-12h} , C_{max} , and C_{12h} were greater in the 1182.11 study when compared to the present study as a result of the interaction with clarithromycin (AUC_{0-12h} , C_{max} , and C_{12h} increased 66%, 40% and 100% when compared to historical TPV results, the relative effect of food on the pharmacokinetics of TPV is consistent between the studies.

Safety results: Nausea occurred in seven subjects (46.7%). Thirteen subjects (86.7%) had transient increases in ALT and/or AST, seven subjects (46.7%) had transient increases in triglycerides and three subjects (20.0%) had transient elevations in gamma glutamyl transferase to above the normal range. there were no deaths or serious adverse events.

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Conclusions:				
<p>Co-administration of single-dose methadone with TPV/r resulted in a decrease in methadone exposure (decreases of 52.8% in the AUC and 55.1% in the C_{max}) in fasted subjects. The pharmacokinetics data in the current study suggest that patients treated with methadone co-administered with TPV/r require monitoring for clinical symptoms of withdrawal and may require an increased dose of methadone.</p> <p>The steady-state TPV exposure decreased (decreases of 22.7% in AUC and 44.2% in C_{12h}; C_{max} remained unchanged) when methadone was co-administered with steady-state TPV/r. However, the reason for the decrease in TPV exposure when co-administered with methadone is unclear as the subjects were fed on Day 8 (TPV/r alone) and fasted on Day 9 (methadone + TPV/r).</p> <p>In conclusion, methadone systemic exposure decreased when co-administered with TPV/r. The decrease in methadone plasma concentrations observed in this study were comparable to those observed with Kaletra®, Norvir®, and ritonavir/saquinavir. Clinical monitoring for symptoms of opiate withdrawal in patients receiving TPV/r and methadone is recommended and patients may require an increased dose of methadone.</p>				