



## Clinical Study Synopsis for Public Disclosure

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<b>Name of company:</b> Boehringer Ingelheim		<b>Tabulated Study Report</b>		
<b>Name of finished product:</b> Micardis® Plus				
<b>Name of active ingredient:</b> BIBR 277 HCT, telmisartan + hydrochlorothiazide		<b>Page:</b>	<b>Number:</b>	
<b>Ref. to Documentation:</b>	<b>Volume:</b>	<b>Page:</b>		<b>Addendum No.:</b>
<b>Report date:</b> 24 August 2005	<b>Number:</b> U05-3267	<b>Study period (dates):</b> 6 February 2005 – 28 February 2005		
<b>Title of study:</b>	Bioequivalence of 80 mg telmisartan/12.5 mg HCTZ of fixed dose combination compared to its monocomponents in healthy male volunteers (an open-label, randomised, single-dose, two-way crossover study)			
<b>Investigator:</b>	[REDACTED]			
<b>Study centre:</b>	[REDACTED] Japan			
<b>Publication (reference):</b>	Data of this study has not been published.			
<b>Clinical phase:</b>	I			
<b>Objectives:</b>	To establish the bioequivalence of 80 mg telmisartan/12.5 mg HCTZ fixed dose combination vs. its monocomponents			
<b>Methodology:</b>	Open-label, randomised, single-dose, two-way crossover design			
<b>No. of subjects:</b>	<p><b>planned:</b> 36</p> <p><b>actual:</b> enrolled: 36 (all subjects received both 80 mg telmisartan/12.5 mg HCTZ fixed dose combination and its monocomponents)</p> <p>fixed dose combination of 80 mg telmisartan/12.5 mg HCTZ followed by its monocomponents: entered: 18 treated: 18 analysed (for pharmacokinetics and safety): 18</p> <p>monocomponents of 80 mg telmisartan and 12.5 mg HCTZ followed by the fixed dose combination: entered: 18 treated: 18 analysed (for pharmacokinetics and safety): 18</p>			
<b>Diagnosis and main criteria for inclusion:</b>	Healthy male volunteers, age: $\geq 20$ and $\leq 35$ years, BMI range: $\geq 17.6$ and $\leq 25.0$ kg/m <sup>2</sup>			
<b>Test product:</b>	Telmisartan and HCTZ, fixed dose combination tablet			
<b>dose:</b>	80 mg telmisartan/12.5 mg HCTZ			
<b>mode of admin.:</b>	Oral administration after an overnight fast for at least 10 hours, with 150 mL water			
<b>batch no.:</b>	B04115			

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<b>Duration of treatment:</b> 1 day for each treatment				
<b>Reference therapy:</b> Telmisartan tablet and HCTZ tablet				
<b>dose:</b> 80 mg telmisartan and 12.5 mg HCTZ				
<b>mode of admin.:</b> Oral administration after an overnight fast for at least 10 hours, with 150 mL water				
<b>batch no.:</b> Telmisartan: 401508, HCTZ: B03026				
<b>Criteria for evaluation:</b>				
<b>Pharmacokinetics:</b> Primary endpoints: $AUC_{0-tz}$ , and $C_{max}$ Secondary endpoints: $AUC_{0-\infty}$ , $t_{max}$ , $\lambda_z$ , $t_{1/2}$ , $MRT_{po}$				
<b>Safety:</b> Physical examination, vital signs (blood pressure, pulse rate), ECG, laboratory tests, adverse events				
<b>Statistical methods:</b> Pharmacokinetic parameters of telmisartan and HCTZ were evaluated separately. Two-sided 90% confidence intervals (CIs) for the intra-subject ratio (as estimated by the geometric mean of the ratio) of each of $AUC_{0-tz}$ and $C_{max}$ was calculated to determine whether the CIs were contained in the acceptance range of 80-125% for bioequivalence. Additionally, the corresponding point estimators (geometric means) for the median intra-subject ratios were provided. The statistical model was an analysis of variance (ANOVA) on log transformed parameters including effects for "sequence", "subjects nested within sequences", "period" and "treatment". CIs were based on the residual error from ANOVA. Descriptive statistics for all other parameters was calculated. Frequencies were tabulated for all categorical parameters.				
<b>SUMMARY – CONCLUSIONS:</b>				
<b>Pharmacokinetic results:</b> <u>Assessment of bioequivalence (Telmisartan)</u>				
The ratios of the adjusted mean values of $C_{max}$ and $AUC_{0-tz}$ of fixed dose combination to those of monocomponents were 1.143 and 1.084, respectively. The degrees of intra-individual variability of $C_{max}$ and $AUC_{0-tz}$ calculated from the mean square errors were 45.1 % and 15.6 %, respectively. The 90% CIs were from 96.3 to 135.7% for $C_{max}$ and from 101.9% to 115.4% for $AUC_{0-tz}$ . The 90% CI for $AUC_{0-tz}$ of telmisartan fell in the acceptance range (80-125%), while the 90% CI for $C_{max}$ of telmisartan did not fall in the acceptance range (80-125%). Therefore, bioequivalence of telmisartan was not proven in this trial.				

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<p style="text-align: center;"><u>Assessment of bioequivalence (HCTZ)</u></p> <p>The ratios of the adjusted mean values of <math>C_{max}</math> and <math>AUC_{0-tz}</math> of fixed dose combination to those of monocomponents were 0.929 and 0.974, respectively. The degrees of intra-individual variability of <math>C_{max}</math> and <math>AUC_{0-tz}</math> calculated from the mean square errors were 15.3% and 10.1%, respectively. The 90% CIs were from 87.5% to 98.7% for <math>C_{max}</math> and from 93.6% to 101.4% for <math>AUC_{0-tz}</math>. Although the upper limit of the 90% CI for <math>C_{max}</math> was slightly lower than unity, the 90% CI for <math>C_{max}</math> was within the acceptance range (80-125%). Therefore, bioequivalence of HCTZ was proven in this trial.</p> <p><b>Safety results:</b> There was 1 adverse event: dizziness postural in 1 subject. The event was related to the study drug. This adverse event was mild and the subject recovered without treatment. No serious adverse event occurred. We concluded that telmisartan 80 mg and HCTZ 12.5 mg, which were concomitantly administered to healthy subjects both in fixed dose combination and in monocomponents, were well tolerated.</p> <p><b>Conclusions:</b> The results of analysis for telmisartan did not meet the bioequivalence criteria. Although the 90% CI for <math>AUC_{0-tz}</math> of telmisartan fell in the bioequivalence range (80-125%), the 90% CI for <math>C_{max}</math> of telmisartan did not. The results of analysis for HCTZ met the bioequivalence criteria, so the fixed dose combination and monocomponents were proven to be bioequivalent for HCTZ.</p> <p>Thus fixed dose combination and monocomponents of telmisartan 80 mg and HCTZ 12.5 mg were proven to be bioequivalent for HCTZ, but not for telmisartan in this trial.</p>				