



Clinical Study Synopsis for Public Disclosure

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Name of company: Boehringer Ingelheim		Tabulated Trial Report		 Boehringer Ingelheim
Name of finished product:				
Name of active ingredient: Telmisartan + hydrochlorothiazide		Page: 1 of 3	Synopsis No.:	
Module:		Volume:		
Report date: 12 DEC 2008	Trial No. / U No.: 502.571/ U08-3801-01	Date of trial: 22 JUL 2008 – 15 OCT 2008	Date of revision (if applicable):	
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Title of trial:		Bioequivalence of telmisartan administrated in two different ways: either in telmisartan 80 mg/HCTZ 12.5 mg fixed-dose combination tablet or as two telmisartan 40 mg tablets (an open-label, randomised, single-dose, four-period replicated crossover study)		
Principal/Coordinating Investigator:		[REDACTED]		
Trial sites:		[REDACTED] Japan		
Publication (reference):		The data of this trial have not been published.		
Clinical phase:		I		
Objectives:		To establish bioequivalence of telmisartan orally administrated in two different ways: either with a telmisartan 80 mg/hydrochlorothiazide (HCTZ) 12.5 mg fixed-dose combination tablet or with two telmisartan 40 mg tablets		
Methodology:		Open-label, randomised, single-dose, four-period replicated crossover design		
No. of subjects:		planned: To be entered: 64 subjects actual: Enrolled, 117 subjects; entered, 64 subjects Treatment sequence 1: entered, 32; treated, 32; analysed (for primary endpoint), 32 Treatment sequence 2: entered, 32; treated, 32; analysed (for primary endpoint), 32		
Diagnosis and main criteria for inclusion:		Healthy male volunteers, age ≥ 20 and ≤ 35 years, body mass index (BMI) ≥ 18.0 and ≤ 25.0 kg/m ² , body weight ≥ 50 kg		
Test product:		A tablet of telmisartan 80 mg/HCTZ 12.5 mg fixed-dose combination		
dose:		Telmisartan 80 mg and HCTZ 12.5 mg		
mode of admin.:		Oral		

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batch no.:		08047			
Reference therapy:	Two tablets of telmisartan 40 mg				
dose:	Telmisartan 80 mg				
mode of admin.:	Oral				
batch no.:	08046				
Duration of treatment:	Single dose administration each in 4 treatment periods				
Criteria for evaluation:					
Efficacy / clinical pharmacology:	Pharmacokinetics Primary endpoints: AUC_{0-tz} and C_{max} Secondary endpoints: $AUC_{0-\infty}$, t_{max} , λ_z , $t_{1/2}$, and MRT_{po}				
Safety:	Physical examination, vital signs (blood pressure, pulse rate, and body temperature), 12-lead electrocardiogram (ECG), clinical laboratory tests, and adverse events				
Statistical methods:					
<p>Two-sided 90% confidence intervals for the intra-subject ratio (as estimated by the geometric mean [gMean] of the ratio) of each of AUC_{0-tz} and C_{max} was calculated to determine whether the confidence intervals were contained in the acceptance range of 80% to 125% for bioequivalence. Additionally, the corresponding point estimators (gMeans) for the median intra-subject ratios were provided. The statistical analysis based on a four-period replicated crossover design was an analysis using a mixed effect model on log transformed parameters including “sequence,” “period,” and “treatment” as fixed effect and “subject within sequence” as random effect, where the differences in mean between the test product and the reference product were estimated by using the restricted maximum likelihood (REML) method.</p> <p>In general, for continuous parameters, descriptive statistics were calculated by treatment, treatment and period, or sequence; for categorical (or categorised) parameters, frequencies were tabulated by treatment, treatment and period, or sequence.</p>					

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SUMMARY – CONCLUSIONS:

Clinical pharmacology results:	The adjusted gMean ratio (90% confidence interval) of telmisartan 80 mg/HCTZ 12.5 mg fixed-dose combination therapy to telmisartan 80 mg monotherapy was 93.9% (86.6% to 101.9%) for C_{max} and 104.3% (101.3% to 107.4%) for AUC_{0-tz} . The 90% confidence intervals for C_{max} and AUC_{0-tz} were within the acceptance range for bioequivalence (80% to 125%).
Safety results:	In this trial, 3 adverse events occurred: abnormal feeling, nasopharyngitis, and upper respiratory tract infection, all of which were mild in intensity. Only abnormal feeling was considered related to the investigational product by the investigator. Neither deaths nor serious adverse events occurred in this trial. Two subjects experienced adverse events leading to the discontinuation of the investigational product, whose relationship with the investigational product was denied by the investigator. No clinically significant changes from the baseline were detected either in clinical laboratory test parameters or in vital signs.
Conclusions:	The 90% confidence intervals of the ratio for C_{max} and AUC_{0-tz} were within the acceptance range for bioequivalence (80% to 125%). Therefore, bioequivalence of telmisartan was established between telmisartan 80 mg/HCTZ 12.5 mg fixed-dose combination therapy and telmisartan 80 mg monotherapy in this trial. Telmisartan 80 mg/HCTZ 12.5 mg fixed-dose combination therapy and telmisartan 80 mg monotherapy were both well tolerated by healthy Japanese male subjects.