

Clinical Study Synopsis for Public Disclosure

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Name of company: Boehringer Ingelheim		Tabulated Study Report		(For National Authority Use only)
Name of finished product: Aggrenox®				
Name of active ingredient: Dipyridamol, ASA		Page:	Number:	
Ref. to Documentation:	Volume:	Page:		Addendum No.:
Report date: 28 Apr 2003	Number: U03-1269	Study period (years): Sep 2002 - Oct 2002		
Title of study:		Bioavailability of dipyridamole after Asasantin (extended release 200mg dipyridamole/25mg ASA) in 3 experimental formulations (given b.i.d. over 3 or 5 days, respectively) relative to the standard formulation in 16 healthy female and male subjects. Intraindividual comparison, randomised, open.		
Investigator:		[REDACTED]		
Study center(s):		Human Pharmacology Centre Boehringer Ingelheim Pharma GmbH & Co. KG D-88397 Biberach an der Riss, Germany		
Publication (reference):		N/A		
Clinical phase:		I		
Objectives:		Comparative pharmacokinetics of dipyridamole in three new formulations of Asasantin ER compared to the present commercial formulation		
Methodology:		Randomised, open label, 4-way cross-over trial		
No. of subjects:				
planned:		entered: 16		
actual:		enrolled: 16		
Diagnosis and main criteria for inclusion:		Healthy male and female volunteers, age ≥ 18 and ≤ 60 years, BMI ≥ 18.5 and ≤ 29.9 kg/m ²		
Test product:		Asasantin ER capsules (three new formulations with altered production)		
dose:		200 mg dipyridamole/25 mg ASA b.i.d		
mode of admin.:		p.o.		
batch no.:		New formulation 1 "low": 203240 New formulation 2 "high": 203232 New formulation 3 "medium": 203237		
Duration of treatment:		3 or 5 days, respectively		
Reference therapy:		Asasantin ER capsules (present commercial formulation)		
dose:		200 mg dipyridamole/25 mg ASA b.i.d		
mode of admin.:		p.o.		
batch no.:		203293		

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Criteria for evaluation:				
Efficacy:	Pharmacokinetics: Primary endpoints: %Ae of dipyridamole over the two last treatment days Secondary endpoints: %Ae _{1-3h} , %Ae _{8-10h} , (%Ae _{1-3h} -%Ae _{8-10h}) / %Ae _{0-10h}			
Safety:	Blood pressure, pulse rate, ECG, adverse events, routine laboratory tests			
Statistical methods:	Descriptive statistics, 90 % confidence intervals			
SUMMARY – CONCLUSIONS:				
Efficacy results:	<p><u>Pharmacokinetics:</u> Due to the high frequency of dropouts, no adequate pharmacokinetic analysis was possible. In order to find out whether unusually high absorption might have contributed to the high incidence of side effects, total urinary excretion of each dosing event was investigated. Geometric means of urinary excretion of the first three dosing events were 2.83 % for high, 2.18 % for medium, 2.42 % for low release and 2.47 % for the commercial preparation.</p> <p>As interindividual variability is at least as large as difference between treatments, no conclusions on performance of test preparations versus reference can be drawn.</p> <p>Overall urinary excretion was in the normal range. Therefore extent of absorption did not cause the high incidence of side effects.</p>			
Safety results:	The symptoms reported coincide well with the known vasodilator effect of dipyridamole. However incidence and severity were not expected. Severe headache frequently associated with nausea/vomiting led to discontinuation of the trial in 12 out of 16 subjects and thus to discontinuation of the whole trial during the first treatment period.			
Conclusions:	In summary no explanation for the high susceptibility of the subjects to the vasodilator effect of dipyridamole could be found.			